

***Dr. Laurie Cyr-Martel D.BH., CCISM, LCPC***  
***In coordination with***  
***Maine Municipal Association, RMS***  
***International Critical Incident Stress Foundation***

## **Group Crisis Intervention Training**

**Critical Incident Stress Management (CISM)**

**Hosted By City of Augusta**

**Dates:** October 16<sup>th</sup> & 17<sup>th</sup> 2023  
**Times:** 0800-1600  
**Location:** Maine Municipal Association, 60 Community Dr. Augusta, ME  
**Cost:** Free to MMA Workers' Compensation members  
\$225 per person for non-members of MMA's Workers'  
Compensation Fund

Cost includes:

- Lunch and refreshments both days
- Registration with ICISF for class
- 2-day Instruction
- Book & Adjunct materials
- Certificate - Will be emailed at completion of evaluation.

**Who should attend?** EMS, Fire, Law Enforcement, and Emergency Communications (Dispatch), Critical Care Nurses, Chaplains, and Mental Health Providers who are

**\*This training is a required prerequisite for membership of an EMS Regional CISM Team. Participants MUST complete both days.**

Registration closes **September 29, 2023** (Registration might be extended if space is still available). The course will offer 14 Contact Hours.

## **Group Crisis Intervention**

### **Course Description:**

Designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum, the Group Crisis Intervention

course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined, and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically RITS (Rest Information and Transition) CMB's (Crisis Management Briefings), Defusing's, and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services, health and wellness and referrals, when necessary, will also be discussed.

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

### **Program Highlights**

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| <ul style="list-style-type: none"><li>• Relevant research findings</li><li>• Incident assessment</li><li>• Strategic intervention planning</li><li>• "Resistance, resilience, recovery</li><li>• Relevant recommendations for practice" continuum</li><li>• Small group crisis interventions</li></ul> | <ul style="list-style-type: none"><li>• Large group crisis interventions</li><li>• Adverse outcome associated with crisis intervention</li><li>• Reducing risks</li><li>• Critical Incident Stress Defusing's &amp; Debriefing (CISD)</li><li>• Managing Health and Wellness within Departments.</li></ul> |
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### **Continuing Education Information:**

Completion of "Group Crisis Intervention" and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF's continuum.

## Group Crisis Intervention Training

**Date: October 16<sup>th</sup> & 17<sup>th</sup> 2023**

**Time: 0800-1600**

**Location: Maine Municipal Association, 60 Community Drive, Augusta, ME**

REGISTRATIONS MUST BE RECEIVED NO LATER THAN September 29, 2023

Send Registrations to:

ATT: CISM Training Registrations

[rmslosscontrol@memun.org](mailto:rmslosscontrol@memun.org)

Registration is limited to 30 participants. Sign up early to reserve your place!!!

Name:

Address:

City:

State: ME

Zip Code:

Email:

Phone:

Affiliation:

Payment Method:

- Free to MMA Workers' Compensation members.
- Non-members of MMA's workers' compensation must pay \$225 per person.
- Registration form and/or payment need to be received no later than September 29, 2023.
- Questions, please contact MMA Loss Control
  - Email: [rmslosscontrol@memun.org](mailto:rmslosscontrol@memun.org)
  - Or call: 207-624-0140

## ABOUT THE INSTRUCTOR

### Dr. Laurie Cyr-Martel D.BH, CCISM, LCPC

Dr. Cyr –Martel brings over thirty-five years of experience in the field of emergency services and mental health and wellness to her current position as Director for the Student Counseling Center at the University of New England. Outside of UNE, Laurie provides training and consultation for public safety departments, emergency systems and organizations to assist in their health and wellness. Dr. Cyr-Martel has consulted with and for emergency service systems throughout the United States.

She is currently licensed in the State of Maine as a L.C.P.C. and completed her Doctorate in Behavioral Health at Arizona State University. Her Background includes a Master's in Counseling Psychology, Bachelor's in Social and Behavioral Sciences, Associates in Fire Technology, and past Paramedic Licensure in California and Maine. Dr. Cyr-Martel has also received training as a reserve police officer and has attended the State of Maine Criminal Justice Reserve Academy and worked with Lewiston Police Dept. (LPD) for several years as their forensic behaviorist and is trained as a crisis negotiator. She has created and presented numerous trainings for Paramedic Programs, Regional 911 Communication Centers, Judicial Marshalls, and Law Enforcement Agencies consisting of patrol officers, hostage negotiation teams, detectives and youth and family services.

She is a member and Certified Trainer for ICISF, (International Critical Incident Stress Foundation) and has served on the Maine Critical Incident Debriefing Team over 27 years and is currently the clinical director for Lewiston Police Departments Critical Incident Stress Management Team. She is also a member of the New England Crisis Negotiators Association, The American Mental Health Counseling Association, the American College Counselors Association, Association of College Counseling Center Directors (AUCCCD)