

**OFFICIAL BALLOT – District 30**

**Maine Municipal Association’s Legislative Policy Committee**  
July 1, 2024 – June 30, 2026

**VOTE FOR TWO:**

Ephrem Paraschak, Town Manager, Town of Gorham

Jean-Marie Caterina, Town Councilor, Town of Scarborough

\_\_\_\_\_ (name) \_\_\_\_\_ (position) \_\_\_\_\_ (municipality) (✍ write in)

**Candidate Profiles Are On Reverse Side**

MUNICIPALITY: \_\_\_\_\_ DATE: \_\_\_\_\_

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**Return by 5:00 p.m., August 1, 2024 to:**

Laura Ellis, Maine Municipal Association  
lellis@memun.org  
Fax: 624-0129

## **LPC Senate District 30**

Gorham

Scarborough (part)

### **Candidate Profile:**

Ephrem Paraschak has served as Manager in the Town of Gorham for the past seven years. Prior to that he served as Manager in the Towns of Naples (2014-2017) and Denmark (2008-2014). Ephrem has served on MMA's Risk Management Property & Casualty Board and has served on the LPC since 2017. He would like to continue his service to provide local input for current and pending legislation as it relates to municipal government in the region.

Jean-Marie Caterina has served on the Town Council in Scarborough for over 10 years, during which time she served on multiple committees and as vice-chair of the council. Jean-Marie has served on the LPC since 2014 and would like to continue to serve because she enjoys working on issues that are of mutual interest to municipalities and the state.